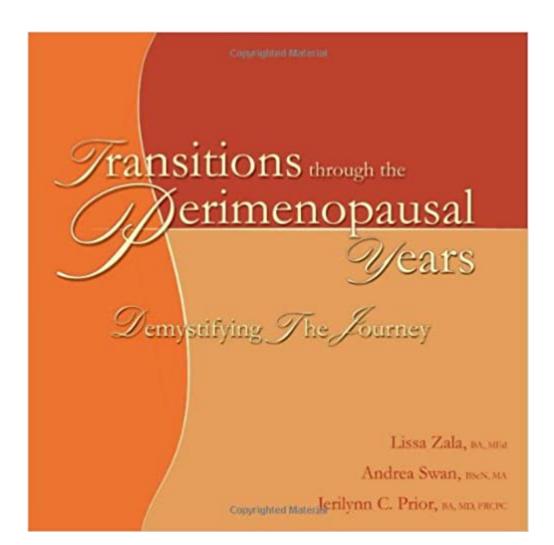


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# Transitions Through The Perimenopausal Years: Demystifying Your Journey





#### Synopsis

Is it hot in here or are 30 % of the female population on a hormonal roller coaster ride? This book provides clear explanations and solutions to this question.

### **Book Information**

Paperback: 226 pages Publisher: Trafford Publishing (July 6, 2006) Language: English ISBN-10: 1412021529 ISBN-13: 978-1412021524 Product Dimensions: 8 x 0.5 x 8 inches Shipping Weight: 1 pounds Average Customer Review: Be the first to review this item Best Sellers Rank: #861,570 in Books (See Top 100 in Books) #67 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Osteoporosis

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